

# THE MONTGOMERY COUNTY MEDICAL SOCIETY 2025 ANNUAL MEETING

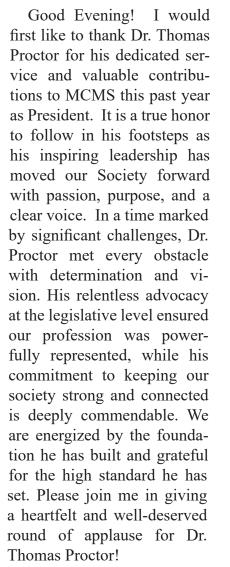
Introducing Jhansi Koduri, M.D. 176th MCMS President

with Recognition of Thomas S. Proctor, M.D. 2024 MCMS President

Thursday, May 1, 2025 Dayton Country Club 6:00 PM

### President's Page

## 2025 President's Inaugural Address



Standing here as the 176th President of the Montgomery County Medical Society, I am filled with gratitude and a deep sense of responsibility. This society represents the enduring strength of physicians for 175 years united by a com-

mon purpose: to advocate, to innovate, and, above all, to serve. Since 1849, this organization has been a cornerstone of our medical community, and I am truly honored to carry its legacy forward. As I step into this role, I do so with deep respect for the 175 years of leadership that have shaped this society. I am inspired by those who have led with dedication, advancing mentorship, advocacy, and service to elevate our profession. Their contributions-whether expanding digital access, safeguarding physician autonomy, or steering us through crises like CO-VID-19-have reinforced the essential role of organized medicine. I am grateful and energized to carry that vision forward.

I would like to extend my heartfelt appreciation to all past MCMS Presidents joining us this evening—and I am equally grateful to our current Board members for their dedication and tireless service to our physician community. I look forward to continuing to work with you in the year ahead.

#### **My Journey**

I grew up in a small village in India, the youngest of four daughters in a home where education - especially for girls - was a necessity, not a privilege. Encouraged by my parents' progressive spirit, I pursued medicine - a path that took me from India to Chicago and finally to Dayton where I found my calling in Oncology.

I've walked the winding road of private practice, feeling every bump and jolt, and now serve as an employed physician at Premier Blood and Cancer Center. Alongside my husband, Dr. Annadorai Kalahasthy - a constant mentor and partner - and inspired daily by our two children, one thriving in IT and another lighting up our world with her unique joy, I remain committed to compassionate, patient-centered care.

#### **Changing Landscape of Healthcare**

I still remember the early days of my Oncology practice - a time when cancer care was refreshingly straightforward: Diagnose, Treat, Hope, Repeat. Patients came in weighed down by fear and uncertainty. Chemotherapy and radiation were not enough: they needed a foundation strong enough to carry them through the storm. By the mid-2010s, however, the cracks in the traditional care model were impossible to ignore. Rising



costs, ballooning administrative burdens, endless prior authorization hurdles, staff shortages, and patient dissatisfaction all pointed to a sobering truth: Oncology could no longer survive - let alone thrive - without fundamental change.

Concepts like team-based care, value-based reimbursement, and survivorship-planning promised a better future. We cautiously embraced them - building multidisciplinary teams, integrating remote monitoring, and participating in CMS's Oncology Care Model. Patients benefited, outcomes improved, satisfaction rose.

Yet beneath the surface, new challenges festered. The demands of data collection, reporting, and compliance grew heavier every year. Administrative overhead skyrocketed. Insurers layered new obstacles onto already strained systems - prior authorizations for routine scans, denials for life-saving therapies, endless appeals.

We found ourselves spending more time fighting bureaucracy than treating cancer.

Meanwhile payment reforms often lagged behind clinical realities. Reimbursement models failed to account for the complexities of cancer care - especially for socially vulnerable or medically complex patients. independent Small, oncology practices struggled. Many merged with hospitals or private equity firms simply to survive, sacrificing a degree of physician autonomy that once defined our profession.

Though I tell this story through the lens of an Oncologist, these challenges are universal. Whether you are a surgeon, ER physician, cardiologist, or gastroenterologist - the battle is the same.

No innovation within clinic walls can overcome systemic barriers outside of them. Change requires more than adaptation - it requires advocacy. We must have a seat at the table, not just in exam rooms, but in boardrooms and policy circles. It's about ensuring that the physicians' voices - and the patients' wellbeing - remain at the center of the healthcare narrative.

#### **Physician Burnout**

Let's be honest - medicine today often feels like a juggling act.

According to the 2023 AMA report, we spend over 27 hours a week on paperwork - more than we do seeing patients. At this point, the EHR might as well be considered a second specialty.

Burnout is no longer just a buzzword - it's an epidemic. Nearly 42% of physicians feel burned out. Over half are considering cutting hours or leaving the field all together. If we don't act, "physician" could become an endangered species - right alongside house calls and free weekends.

To truly ease this burden, we as a Medical Society must create space for doctors to reconnect with one another, offer the support they need to heal, and ensure they have both the freedom and opportunity to voice their concerns and be heard.



Jhansi Koduri, MD and Annadorai Kalahasthy, MD

#### Mentorship

We carry the responsibility of mentoring our Medical Students, Residents, and Fellows. We must offer guidance, encourage research, and nurture a lifelong love of learning. We also have a duty to mentor the next generation. We must teach them that caring for patients does not end at the bedside. It must continue into the halls of government.

If we don't shape the future of our profession, others surely will.

Physicians today face the evolving challenge of sharing patient care with physician extenders - nurse practitioners, physician assistants, and others who have become vital allies in delivering care.

While there are many models of collaboration, maintaining high-quality care presents ongoing challenges.

Strong physician leadership is essential to define roles, set

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clear expectations, and ensure that care remains coordinated, consistent, and centered on the best possible patient outcomes.

#### The Role of Our Medical Society

In these challenging times, our Montgomery County Medical Society is more than a professional home - it's a lifeline. Here, collaboration becomes advocacy, mentorship becomes leadership, and frustration transforms into constructive change.

#### Vision for the Year Ahead

In the year ahead, I envision our Society built upon three pillars:

\* Advocacy: Because if we are not at the table, we are on the menu!

\* Mentorship: Because wisdom not shared is wisdom wasted!

\* Fostering Fellowship and Collaboration: Through educational and social events that unite physicians, their families, and our broader community building lasting bonds that extend far beyond the clinic walls.

#### **Collaboration and Fostering Fellowship**

I believe deeply in the power of collaboration. Tonight, we are joined by physicians from all major healthcare systems in our city, united through the common platform of MCMS. We are honored by the presence of these leaders.

I extend my heartfelt thanks to the Ohio State Medical Asso-

ciation and the American Medical Association for their tireless advocacy. A special thanks to Dr. Lisa Egbert, Dr. Deepak Kumar, Dr. John Corker and all the physicians who are actively engaged in ensuring that our collective voice is heard - strong, clear, and unwavering - at both state and national levels.

A special thanks to our speakers, State Representative Andrea White, and Monica Hueckel, Vice President of Advocacy at OSMA, for being here today, sharing your valuable perspectives on healthcare and listening to our concerns. We hope you will carry our voice forward as you advocate for our profession and the communities we serve. I am glad our members had the opportunity to voice their concerns.

Thanks to Dr. Becky Thomas from Public Health Dayton & Montgomery County for being here today and continuously updating and advising us on current issues.

I also look forward to deepening our partnership with the MCMS Alliance - a longstanding companion organization whose vision and service have touched countless lives throughout this Greater Dayton community. Thank you for joining us today.

Thank you all for being here. The strength of our Society depends on active members - people like you - who offer their time, their voices, and their passion. Even simple acts, like renewing your membership, make a meaningful difference.

#### What's Coming....

MCMS is excited to host an event this Fall, bringing together families for a blend of social and educational sessions.

We are planning a Women Physician event this summer, fostering support and empowerment within our community.

Additionally, we will continue to support the successful blood drives, and collaborative events with medical students, while working to formalize our mentorship program to guide and support the next generation of physicians.

Stay tuned for updates as we finalize the dates, so you can add them to your calendars.

And a huge thanks to Gerri, the heart behind this evening and the day-to-day operations of MCMS.

I want to conclude by saying the road ahead may be challenging, but we are resilient. After all, who but physicians could handle this much chaos with this much grace?

Together - with unity, compassion and a steadfast refusal to settle for "good enough" - we will not just endure these times, we will shape them.

Some say medicine is in a crisis. But standing here among you I say - medicine is still in good hands. Thank you for your trust, your partnership, and your unwavering commitment to Medicine.

Let's get to work!

# HIGHLIGHTS OF 2025 MCMS ANNUAL MEETING

The 2025 MCMS Annual Meeting was held on Thursday, May 1, 2025 at the Dayton Country Club. This event marked the installation of 2025 President Jhansi Koduri, MD, and recognition of Thomas Proctor, MD, as he finished his presidential term. Members and guest enjoyed a cocktail reception and buffet dinner service before the program began. A moment of silence was held

A moment of silence was held to honor those physicians who have passed away within the past year.

John Lyman, MD, had the opportunity to provide information about the Physicians' Charitable Foundation of Miami Valley, sharing about its historical start-up and how it provides financial support for numerous community needs. Ohio State Medical Association Vice President of Advocacy Monica Hueckel took the podium to share her message about the importance of organized medicine working on behalf of physicians especially in terms of legislative advocacy. The OSMA is actively engaged in a healthcare insurance reform campaign addressing eight topics to shed light on the massive burdens put on the healthcare system by insurers,



2024 MCMS President Thomas S. Proctor, MD, transfers the leadership gavel to Jhansi Koduri, MD, 2025 President.



Dr. Koduri presents Certificate of Appreciation Plaque to Dr. Proctor, in recognition of his outstanding leadership and unselfish service as 2024 President.

which lead to significant administrative burden for physicians and practices, and treatment delays and denials for patients. Included among these are:

- HB 214 Prior Authorization"Gold Card"
- SB 160 Non-Medical Switching
- SB 165 Automatic Downcoding
- HB 219 Network Adequacy
- SB 162 Takebacks/Clawbacks
- SB 166 No Fees for EFTs

• *HB 220 - Prior Authorization: Retroactive Denials and Appeals* 

• SB 164 - Transparency in Health Plan Use of AI

Additionally, OSMA supports HB 8, to cover Bio-Marker testing in medically appropirate circumstances.

Ms. Hueckel then introduced special guest speaker **Ohio State Representative** Andrea White (R-36), who has been an active advocate for the healthcare needs of Ohio's residents. She shared of how her unique life experiences have helped shape her opinions on how best to serve and meet the needs of her contitutents. She has championed legislation which supports the development of children and families, especially targeting the troubling infant mortality rates experienced in Ohio and Montgomery County. mental health health issues and healthcare workforce safety.

Her message to the physician audience was that it is imperative to let the state legislators hear directly about the issues which affect the practice of medicine and the patients they serve. Ms. Hueckel chimed in to support that message and MCMS efforts will be made to better communicate to physicians about the the need for this self-advocacy effort.





# OSMA Fifty-Year Honorees

Stewart Adam, Jr, M.D. Gary Collier, M.D. Paul Gresham, M.D. Joel Janousek, M.D. John Jump, M.D. Bharati Kamdar, M.D. Augusto Martinez, M.D. Ronald Moser, M.D. John Petty, M.D. Donald Pelsor, M.D. GSV Ramanathan, M.D. David Shie, M.D.

































































### **RECOGNITION OF CONTEMPORARY MCMS PAST PRESIDENTS**

Herman I. Abromowitz, M.D. - 1978 John H. Taylor, M.D. - 1979 Walter W. Keyes, M.D. - 1981 Burton G. Must, Jr., M.D. - 1991 Stephen T. House, M.D.-1992 David G. Small, M.D. - 1993 Richard T. Hoback, M.D. - 1994 David A. Westbrock, M.D. - 1996 Warren F. Muth, M.D. - 1998 Deepak Kumar, M.D. - 1999 William K. Rundell, M.D. - 2001 Gideon G.S.A. Adegbile, M.D. - 2002 James A. Bryant, M.D. - 2004 *Felipe A. Rubio*, *M.D. - 2005* Howard B. Abromowitz, M.D. - 2006 Annette M. Chavez, M.D. - 2007

Samia W. Borchers, M.D. - 2008 Glenn C. Hamilton, M.D.- 2009 Evangeline C. Andarsio, M.D. - 2010 John J. Haluschak, M.D. - 2011 Walter A. Reiling III, M.D. - 2013 Sanjay Sandhir, M.D. - 2014 Mustafa Quadri, M.D. - 2015 John L. Lyman, M.D. - 2016 Lisa B. Egbert, M.D. - 2017 Wm. Michael McCullough, Jr., M.D. - 2018 Jeffrey B. Studebaker, M.D. - 2019 Rajeev Mehta, M.D. - 2020 David O. Griffith, M.D. - 2021 Ricardo Buenaventura, M.D. - 2022 John Corker, M.D. - 2023 Thomas S. Proctor, M.D. - 2024